Problem Solving Model

It can be helpful to have a step-by-step way to solve problems.



<u>tate the problem</u>

Choose a problem and clearly state it in one sentence.



ame the goal

Say exactly what behavior you want to see.



possible solutions

Make a list of all the things you could do.



<u>ick the best option and try it out</u>

Try out the option you picked. If it doesn't work, then you can pick a different option from your list.