



FOCUS Resilience Skill Building Group
Agreement to Participate

Overview:

FOCUS workshops and activities are designed to assist military couples, adults and families, including children, in responding to the challenges of combat operational stress. These services are offered free of charge.

Description of FOCUS Services:

During the skill building groups or workshop sessions, participants will learn more about a range of skills that will support couple and family resilience during or following deployments, and throughout military life including: communication, stress reduction, problem solving, managing deployment reminders and/or goal setting. These workshops will last about 90 minutes and will take place in a group setting, online via video conferencing technology, or in person as facilities allow. If school personnel is not present during a virtual youth skill building group, then a parent or responsible adult needs to be available and identified below.

Confidentiality:

No records will be kept of me or my partner/ family's participation in these sessions. Information shared in the workshop will be held confidential by FOCUS staff. All workshop participants will be asked to make verbal agreements to maintain confidentiality about all identifying information and content shared in the workshop.

FOCUS resilience trainers are legally required to report concerns regarding personal safety such as possible self-harm, harm to others, domestic violence and/or child/elder abuse, to appropriate authorities if these issues emerge during the course of service delivery. FOCUS resilience trainers will provide participants with appropriate service referrals if needed during the course of the program.

At the end of the workshop, each adult participant will be asked to complete an anonymous survey about their participation with the group skills session.

Video Conferencing Technology:

When FOCUS skill building groups and workshops are offered using video conferencing technology, the resilience trainer and participants are not in the same physical location. During the event, participants are recommended to utilize a quiet, private room to avoid interruptions and distractions. Participants are encouraged to use headphones during sessions. Participants have the ability to alter the name displayed during the video conference.

Electronically transmitted information may include:

- Agreement to participate forms;
- Interactive audio, video, and/or data communications; and/or
- Output data from electronic devices, sound and video files.

The interactive electronic systems we use for virtual FOCUS events incorporate network and software security protocols to protect the confidentiality of FOCUS participant information and include measures to safeguard the data and to aid in protecting against intentional or unintentional corruption.

Despite reasonable efforts on the part of FOCUS, the transmission of your personal information could be disrupted or distorted by technical failures, the transmission of your personal information could be interrupted by unauthorized persons, and/or the electronic storage of your personal information could be accessed by unauthorized persons.

Agreement to Participate in FOCUS Group Level Resilience Training Services:

By signing below, you agree to engage in FOCUS services for you and any participating children listed below. You understand that FOCUS may include the practice of service delivery, consultation, transfer of personal information, and education using interactive audio, video, or data communications. Virtual training services are free, but internet and data rates may apply depending on your service provider.

My own, my partner and/or my child(ren)'s participation is entirely voluntary and without cost. I/My partner and/or child(ren) may withdraw from these services at any time without any impact on other services available to me/us. We consent to our participation and to our child(ren)'s participation.

Parent/Adult Signature

Printed Name

Date

Parent/Adult Signature

Printed Name

Date

Names of Children

Child Name (age)

Child 2 Name (age)

Child 3 Name (age)

Child 4 Name (age)

Contact information

Parent Email

Parent Phone (required for child participation)

If the parent listed above will **not** be present for a virtual event, and school personnel are not present, list the designated emergency contact who will be present during child participation in the group below:

Designated Adult Name and Phone

Interested in being contacted about FOCUS Resilience Training Services for Families or Couples:

YES NO